

The Buehler Institute  
Stephanie Buehler, Psy.D., Director / PSY 17609  
800-769-0342

**Couple's Intake**  
**PARTNER #1 INTAKE**

Name \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

How would you like to be addressed? \_\_\_\_\_

Gender: Male/Female/Trans/Other      Pronouns: Him/his; her/hers; them/theirs

Primary phone: \_\_\_\_\_ Alternate phone: \_\_\_\_\_

Which number should be used for leaving messages? \_\_\_\_\_

How were you referred to The Institute? \_\_\_\_\_

Please answer the following questions. Your answers are confidential. If you are unsure how to answer or don't care to put something in writing, it is okay to leave it blank.

1. What is the concern that has prompted you to seek assistance?

\_\_\_\_\_

2. Have you sought help for this concern in the past? If so, what worked or did not work?

\_\_\_\_\_

3. If you work outside the home, please describe your current job, e.g. type of work, position, number of years in current job. Also please describe anything unusual in job history, e.g. laid off recently, demoted.

\_\_\_\_\_

4. Please circle:      Single      Domestic Partnership      Married  
                         Divorced      Widowed      Number of marriages: \_\_\_\_\_

5. Do you have children? If so, how many and what are their ages?

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6. Have you ever been emotionally, physically, or sexually abused? \_\_\_Yes \_\_\_No

7. Have you had a psychiatric hospitalization? If so, when, where, and for what reason, e.g. substance abuse rehabilitation.

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8. Have you ever been under the care of a psychiatrist? If so, with whom, when, and for what reason?

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9. Have you had psychotherapy in the past? If so, with whom, when, and for what reason?

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11. Have you ever made a suicide attempt? Yes\_\_\_ Year\_\_\_\_\_ No \_\_\_

12. Do you drink alcoholic beverages and/or use recreational drugs? Yes\_\_\_ No\_\_\_

If so, please list type of alcohol or recreational drugs you use, how much, and how frequently, e.g. "Wine, 2 glasses, daily".

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13. Do you have a spiritual practice or religion? If so, please write your religion; whether you attend a church, temple or mosque regularly; or anything else important about your beliefs.

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18. What is your country of origin? \_\_\_\_\_

19. Please list any medical problems and medications that you are currently taking.

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## PARTNER #2 INTAKE

Name \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

How would you like to be addressed? \_\_\_\_\_

Gender: Male/Female/Trans/Other      Pronouns: Him/his; her/hers; them/theirs

Primary phone: \_\_\_\_\_ Alternate phone: \_\_\_\_\_

Which number should be used for leaving messages? \_\_\_\_\_

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2. Have you sought help for this concern in the past? If so, what worked or did not work?

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3. If you work outside the home, please describe your current job, e.g. type of work, position, number of years in current job. Also please describe anything unusual in job history, e.g. laid off recently, demoted.

\_\_\_\_\_

4. Please circle:      Single      Domestic Partnership      Married  
Divorced      Widowed      Number of marriages: \_\_\_\_\_

5. Do you have children? If so, how many and what are their ages?

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7. Have you had a psychiatric hospitalization? If so, when, where, and for what reason, e.g. substance abuse rehabilitation.

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12. Do you drink alcoholic beverages and/or use recreational drugs? Yes\_\_\_ No\_\_\_

If so, please list type of alcohol or recreational drugs you use, how much, and how frequently, e.g. "Wine, 2 glasses, daily".

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19. Please list any medical problems and medications that you are currently taking.

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STEPHANIE BUEHLER, M.P.W., PSY.D., CST.  
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### INFORMED CONSENT

1. Everything you say in psychotherapy is confidential with some exceptions. By law, I am required to report suspected child abuse or neglect and elder abuse and neglect. I must also report instances where it is suspected that you have downloaded or viewed child pornography. If I believe that you are a danger to yourself (suicidal), I am required to contact appropriate authorities to protect you. If I believe you are a danger to others (homicidal), I have a duty to warn others and to contact appropriate authorities to protect others.
2. The following information is entered into the Hoag electronic medical record (EMR) system: Date of service; service code; the number of minutes per session; date of follow-up. This same information will also be included on your superbill receipt. I also enter a case note, which is kept completely confidential and will only be released with your express written permission.
3. If you become in legal proceedings, neither you nor your attorney will request me to testify or disclose your psychotherapy records in order to protect your clinical file. This is because your purpose for seeing me is for psychotherapy and not for forensic purposes. Your record may be released under court order, and in such cases I will consult with my own attorney to ensure that I am doing everything possible to protect your record.
4. In our first 1-3 sessions we will determine if we are a “good fit.” If one of us decides that we are not a good fit, then I can recommend other therapists who may be a better fit for you.
5. **There is a 48-hour cancellation policy. This is because I am holding an hour just for your express use and I cannot schedule anyone else in your reserved time slot. In addition, please remember that someone else may need the appointment time that you are unable to attend. Missed appointments and late cancellations are charged my full fee and cannot be billed to insurance. INITIAL\_\_\_\_\_**
6. I can normally be reached only during regular business hours. If you have an emergency, please call 911 or have someone take you to the nearest E.R.
7. I am your friendly therapist, but to protect your confidentiality please do not “friend” me on social media sites. I also do not email or text with patients.
8. You may stop treatment at any time, for any reason. However, it is often advisable to attend a final session to assess the work that has been accomplished, what might be addressed in the future, and to say good-bye.
9. Most people find therapy to have been a very helpful experience. However, you should know that sometimes therapy can cause strong negative feelings or reactions, or may seem to

make things worse. If this happens, please let me know so that we can discuss the best course of action for you.

10. For couples' therapy, I do not keep secrets if I see you individually. Also, if one of you contacts me between sessions, I will share that fact with the other partner.

**11. I understand that sessions are 50 minutes—not one hour. INITIAL \_\_\_\_\_**

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(Signature)

(Date)

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(Signature)

(Date)

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(Therapist's Signature)

(Date)